

**M.Sc. Nursing (Prev.)**

**M.Sc. Nursing Previous Examination**  
**Oct - 2015**  
**MENTAL HEALTH (PSYCHIATRY) NURSING**  
**(Clinical Speciality- I)**  
**Paper-III**  
**Time: Three Hours**  
**Maximum Marks: 75**

Question No. 6 is compulsory.  
Attempt any *FOUR* questions from the rest.  
Support your answers with research studies.

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|---|------------|
| 1) a) Discuss the definitions of mental health and mental illness.                              | 5          |
| b) Explain the brain and limbic system in reference to mental illnesses.                        | 5          |
| c) Describe the cognitive development theory and its relevance in psychiatric nursing practice. | 5          |
| 2) a) Explain classification of mental illnesses.   | 10         |
| b) Discuss extended and expanded role of psychiatric nurse.                                     | 5          |
| 3) a) Describe characteristics of assertive behaviour.  | 2          |
| b) Describe methods of promoting assertive behaviour among nurses.                              | 5          |
| c) Explain phases of therapeutic nurse patient relationship.                                    | 8          |
| 4) a) Explain admission criteria for mentally ill patient.                                      | 5          |
| b) Describe outline of psychiatric history taking.  | 5          |
| c) Give outline of mental status examination.   | 5          |
| 5) a) Classify psychopharmacology.  | 5          |
| b) Explain antidepressants drugs in detail.   | 10         |
| 6) Write short notes (Any Three):   | 3 x 5 = 15 |
| a) National Mental Health Programme.  |            |
| b) Group therapy.   |            |
| c) Therapeutic community.   |            |
| d) Alternative system of medicine.  |            |