

16-11-2016

M.Sc. Nursing (Prev.)

3
15150

**M.Sc. Nursing Previous Examination
November - 2016
MENTAL HEALTH (PSYCHIATRY) NURSING
(Clinical Speciality- I)**

**Time: Three Hours
Maximum Marks: 75**

**Question No. 6 is compulsory.
Attempt any *FOUR* questions from the rest.
Support your answers with research studies.**

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| 1) a) Define behaviour therapy. | 03 |
| b) Discuss the theories behind behavioural therapy. | 06 |
| c) Narrate the techniques of behaviour therapy. | 06 |
| 2) a) Discuss the implication of Peplau's interpersonal relationship theory in psychiatric nursing practice. | 07 |
| b) Explain the importance of therapeutic use of self and self awareness in psychiatric nursing practice. | 08 |
| 3) a) Discuss the legal role of a psychiatric nurse. | 05 |
| b) Explain Mental Health Act in detail. | 10 |
| 4) a) Define E.C.T. with historical perspectives. | 05 |
| b) What are all the indications and contraindications? | 05 |
| c) Write in detail about the role of nurse in ECT. | 05 |
| 5) a) What are the behavioural components of assertive behaviour. | 07 |
| b) Write down the techniques that promotes assertive behaviour with role of nurse in it. | 08 |
| 6) Write short notes (ANY THREE): | 3 x 5 = 15 |
| a) Human rights of mentally ill. | |
| b) Psychometric assessment. | |
| c) Stress management strategies. | |
| d) Do and don'ts of a nurse in psycho pharmacological therapy. | |